



The **Benjamin** Foundation

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## Parent Support Adviser (PSA)

**Parenting can be hard and sometimes things can get tough. As a parent/carer you want what is best for your child.**

As your Parent Support Adviser I am here to listen and support your family to deal with issues or concerns you may be facing. I may not have all the answers, but together we can explore ways forward.

**These are just some of the things a Parent Support Adviser can offer:**

- ✚ Meet to talk where you feel most comfortable.
- ✚ Help you see what you are doing well as a parent.
- ✚ Give you hints and tips about general parenting issues.
- ✚ Find Services and other Agencies available to help you and your family and encourage good attendance.
- ✚ Foster positive relationships between home and school.

**If you feel that you would like to meet me for an informal chat my contact details are:**

Julie Barnes T: 07471033672

e-mail: [Julie.barnes@benjaminfoundation.co.uk](mailto:Julie.barnes@benjaminfoundation.co.uk)

Tue and Wed Term time only